



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

**International Conference on Spiritual Perspectives on Creating a Conscious Humanity
October 18-20, 2019**

Co-convened by Birthing the New Humanity



Venue: Sri Aurobindo Society, Ground Floor

PROGRAMME SCHEDULE

18.10.2019

10:00AM - 12:00 Noon: ON-SITE PARTICIPANT REGISTRATION

LUNCH: 12:30-2:00 PM

18.10.2019

INAUGURAL SESSION: 2:30 – 4:30 PM

2:30 PM	:	Meditation
2:35 PM	:	Welcome Address and Introduction to the Conference Theme Dr. Sampadananda Mishra, Director, SAFIC
2:45 PM	:	Inauguration and Lighting the Lamp
2.50 PM	:	Introduction to the Guest by Mausumi Mukherjee
3.00 PM	:	Felicitation by Dr. Julie Gerland, BTNH, France
3:10 PM	:	Address by the Chief Guest Prof. Subash Chandra Parija, Vice-Chancellor, Sri Balaji Vidyapeeth
3:30 PM	:	Keynote Speech 1: Creating a Conscious Humanity: The Yogic Way Yogacharya Dr. Ananda Balayogi Bhavanani, Director, Centre for Yoga Therapy, Education and Research (CYTER), Sri Balaji Vidyapeeth, Pondicherry
4:20– 4:30PM	:	Vote of Thanks Anupama Shivashankar

TEA BREAK: 4:30-5:00 PM

18.10.2019 – 5:00 – 6:00 PM

KEYNOTE SPEECH - 2

SPEAKER: Dr. Tushar Dashora

CHAIRPERSON: Arya Muni

5:00 - 5:40 PM	:	Karmic Effects of Abortion
5:40 - 6:00 PM	:	Discussion

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

18.10.2019 – 6:00 – 6:45 PM
KEYNOTE SPEECH - 3

SPEAKER: Deepa Vaitheeswaran

CHAIRPERSON: Arya Muni

6:00 – 6:30 PM	:	Maternity and Spiritual Practice
6:30 – 6:45 PM	:	Discussion

DAY 2

19.10.2019 – 9:00-10:00AM
KEYNOTE SPEECH - 4

SPEAKER: Ms. Paula Murphy, MScN, CNM

CHAIRPERSON: Dr. P Ram Manohar, MD (Ay)

9:00 – 9:40 AM	:	Sri Aurobindo's Savitri: A Guide for Mothers, Fathers and Midwives
9:40 – 10:00 AM	:	Discussion

TEA BREAK – 10:00-10:15 AM

19.10.2019 – 10:15-11:30 AM
PAPER PRESENTATIONS - 1

CHAIRPERSON: Dr. Shashidhara Gangaiah

COORDINATOR: Dr. Manjubala Dash, MTPG & RIHS

10:15 AM	:	Rutu Baldha: AURO Navjeevan Sanskar Shikshan Kendra - A Revolution towards conscious creation of a being
10:35 AM	:	Dr. Nivedita Mondal: A Journey into a Child's World - The Path of Medicine Lit by the Glow of the Mother
10:55 AM	:	Rubai Saha: True Maternity from a Spiritual Perspective
11:15–11:30 AM	:	Discussion

19.10.2019 – 11:30-12:30 PM
KEYNOTE SPEECH - 5

SPEAKER: Dr. P. Ram Manohar, MD (Ay)

CHAIRPERSON: Dr. Tushar Dashora

11:30-12:10 PM	:	Garbhashariram: Creating and Nurturing Life Consciously
12:10-12:30 PM	:	Discussion

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

LUNCH BREAK – 12:30-2:00 PM

19.10.2019: 2:00-3:15 PM

PAPER PRESENTATIONS - 2

CHAIRPERSON: **Dr. Uttareswar Pachegaonkar**

COORDINATOR: **Dr. Nivedita Mondal**

2:00 PM	:	Dr. Usha Rani: Development of 'Matru Shishu Yoga' (Mother Baby Yoga) module for mother infant dyads when the mother has a mental illness
2: 15 PM	:	Dr. Nutan Pandit: Bach Flower Remedies: Harmonising Body Mind & Soul
2:30 PM	:	Monica Gulati: Looking at the Light in disguise of Darkness
2:45 PM	:	Saify Saraya: Health Without Medicine
3:00 – 3:15 PM	:	Discussion

19.10.2019 – 3:15-4:15 PM

KEYNOTE SPEECH - 6

SPEAKER: **Dr. Julie Gerland**

CHAIRPERSON: **Dr. Arati Sharma**

3:15 - 3:55 PM	:	The Sacred Marriage of Spirit and Matter: Personal, Collective and Planetary transformation
3:55 - 4:15 PM	:	Discussion

TEA BREAK – 4:15-4:30 PM

19.10.2019 – 4:30-5:30 PM

PLENARY SESSION: ROLE OF EDUCATION IN PREPARING CONSCIOUS HUMANITY

PARTICIPANTS: **Dr. Prabhjot Kulkarni, Dr. Sampadananda Mishra, Shivakumar**

COORDINATOR: **Ms. Pragya Upadhyay**

4:30 - 4:50 PM	:	Dr. Prabhjot Kulkarni: Role of Teacher as a Yogi in Preparation of Conscious Humanity
4:50 - 5:10 PM	:	Shivakumar: Education for Conscious Development in Early Childhood
5:10 - 5:30 PM	:	Dr. Sampadananda Mishra: Understanding Man & Woman Relationship: A necessary condition for creating conscious humanity

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

DAY 3

20.10.2019 – 9:00-10:00AM

KEYNOTE SPEECH - 7

SPEAKER: **Dr. François Gerland**

CHAIRPERSON: **Dr. Sampadananda Mishra**

9:00-9:40 AM	:	A Universal Spiritual Vision on Creating a Conscious Humanity
9:40-10:00 AM	:	Discussion

TEA BREAK – 10:00-10:15 AM

20.10.2019 – 10:15-11:30 AM

PAPER PRESENTATIONS - 3

CHAIRPERSON: **Dr. Nutan Pandit**

COORDINATOR: **Dr. Gurvinder Ahluwalia**

10:15 AM	:	Dr. Shashidhara Gangaiah: Living in the Present as a Scientific Way in Creating Conscious Beings
10:35 AM	:	Sheela Govindharaaj: Conscious pregnancy and celebrating motherhood
10:55 AM	:	Ms. Divvyā Nirula: Seven Questions Guiding Us Towards the Sustainability of the Self and Human Relationships
11:15–11:30 AM	:	Discussion

20.10.2019 – 11:30AM-12:45 PM

PAPER PRESENTATIONS – 4

CHAIRPERSON: **Dr. Prabhjot Kulkarni**

COORDINATOR: **Rutu Baldha**

11:30AM	:	Dr. Geeta Auropremi: Ayurveda and Conscious Creation of a Being
11:50AM	:	Dr. Manjubala Dash: Exploration of Spiritual Health and its impact on Unborn Foetus
12:10 PM	:	Dr. Gurvinder Ahluwalia: The Role of Spiritual Practices by Expecting Mothers in Creating Awakened Civilization
12:30-12:45 PM	:	Discussion

LUNCH BREAK – 12:45-2:15 PM

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

20.10.2019 – 02:15-03:15 PM
KEYNOTE SPEECH - 8

SPEAKER: Dr. Alok Pandey

CHAIRPERSON: Dr. Julie Gerland

2:15 - 3:00 PM	:	Conscious Parenting in the Light of India's Spiritual Tradition
3.00 - 3.15 PM	:	Discussion

20.10.2019 – 3:15-4:15 PM
PANEL DISCUSSION WITH NURSING STUDENTS

MODERATOR: Ms. Pragya Upadhyay

3:15-4:15 PM	:	TOPIC: Bringing Consciousness approach into Medical Education: Implications for Patient Care
--------------	---	---

TEA BREAK – 4:15-4:30 PM

20.10.2019 – 4:30-6:00 PM
VALEDICTORY SESSION

4.30 PM	:	Meditation
4.35 PM	:	Address by SAFIC & BTNH
4:55 PM	:	Summary of the Conference
5:10 PM	:	Feedback by Participant Representative
5.20 PM	:	Address by Chief Guest Dr. Ananda Reddy, Director, SACAR, Puducherry
5.50 PM	:	Vote of Thanks

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in



Sri Aurobindo Foundation for Indian Culture

Sri Aurobindo Society, Puducherry – 605001

Post Conference Workshop: Birth the Change® Change the Birth October 21, 2019

by

Dr. Julie Gerland and Dr. François Gerland, Co-founders of Birthing the New Humanity®



Venue: Sri Aurobindo Society, Ground Floor

PROGRAMME SCHEDULE

21.10.2019 – 9:00 AM - 5:30 PM

9:00 - 10:40 AM	:	Morning Session 1
10.40-11.00 AM	:	TEA BREAK
11:00 – 1:00 PM	:	Morning Session 2

LUNCH BREAK – 1:00-2:00 PM

2:00 - 3:40 PM	:	Afternoon Session 1
3.40 - 4.00 PM	:	TEA BREAK
4:00 – 5:30 PM	:	Afternoon Session 2

Sri Aurobindo Society, 11, Saint Martin Street, Puducherry – 605001

Telephone: +91 413 233 6396; M: +91 9952888350

Email: safic@aurosociety.org

Website: safic.in