

*National Seminar on Prenatal Education: Ancient Indian Perspectives
11 & 12 April, 2019*



PROGRAMME SCHEDULE



11.04.2019

INAUGURAL SESSION

09.30 AM	:	Prayer
09.35 AM	:	Welcome Address Dr. DEBAJYOTI JENA , Head, Department of Sanskrit Coordinator, National Seminar on Prenatal Education: Ancient Indian Perspectives
09.40 AM	:	Honoring the Dignitaries
09.45 AM	:	Presidential Address Prof. VISHNU POTTY V.S. Hon'ble Vice Chancellor, SCSVMV
10.15 AM	:	Key note Address DR. S. RAMARATNAM Hon'ble Vice Chancellor, Jagadguru Kripalu University, Cuttack, Orissa
11.00 AM	:	Special Address Prof. G. SRINIVASU , Registrar, SCSVMV
11.20 AM	:	Felicitation Prof. S. RAMAKRISHNA PISIPATY , Dean, Faculty of Sanskrit & IC, SCSVMV
11.30 AM	:	Felicitation Dr. SAMPADANANDA MISHRA , Director, SAFIC
11.40 AM	:	Vote of Thanks Dr. G. SANKARANARAYANAN , Assistant Professor in Sahitya, SCSVMV

11.04.2019

TECHNICAL SESSION - 1

Chair Person: Dr. M. JAYARAMAN

Coordinator: Dr. G. SANKARANARAYANAN

11.50 AM	:	Role of Antenatal Yoga in Post Natal Life Yogacharya Dr. Ananda Balayogi Bhavanani
12.20 PM	:	Prenatal Rituals in the Vedas Dr. Rangan Ramakrishnan
12.50 PM	:	न्यायनयानुसारं नवजातशिशौ विभिन्नज्ञानानि प्रवृत्तयश्च Dr. N. Sridhar
01.10 PM	:	Lunch Break

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TECHNICAL SESSION - 2

Chair Person: Yogacharya Dr. ANANDA BALAYOGI BHAVANANI

Coordinator: Dr. DEBAJYOTI JENA

02.00 PM	:	Citta-parikarma – A Yogasūtra Based Framework for Prenatal Education Dr. M. Jayaraman
02.30 PM	:	Insights of Embryo development from Shiva Gita Dr. B. Chandrika
02.50 PM	:	Concept of Rajaswala Paricharya: Tool to Enhance Fertility Dr. Roshni KP
03.10 PM	:	Understanding Concepts of Shadbhavas – with Special Reference to Suprajanana Dr. Geetha Kumar
03.30 PM	:	Discussion & Remarks of Chair Person
03.50 PM	:	TEA BREAK

11.04.2019

PARALLEL SESSION - 1 (Workshop for Women)

Venue: ECE Seminar Hall, (Sri Jayendra Prasadam) SCSVMV

Coordinators: Dr. R. MALATHI & Dr. SUJATHA RAGHAVAN

02.00 PM	:	Menstrual Health and Hygiene: Creating Awareness and Cultural Sensitivity Dr. N. Kalyani
03.30 PM	:	Discussion
03.50 PM	:	TEA BREAK

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PLENARY SESSION - 1

Chair Person: Prof. S. RAMARATNAM

Coordinator: Dr. N. SRIDHAR

04.00 PM to 05.00 PM	:	Spiritual Dimensions of Fertility, Pregnancy and Childbirth – Ayurvedic Perspectives Dr. P. Ram Manohar
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PANEL DISCUSSION - I

Moderator: Dr. Beloo Mehra

05.10 PM to 6.10 PM	:	TOPIC: Spiritual Insights on Love and Human Relationships Panellists: Dr. P. Ram Manohar, Yogacharya Dr. Ananda Balayogi Bhavanani Ms. Pragya Upadhyay, Ms. Smita Dashora
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11.04.2019

CULTURAL SESSION

06.15 PM to 7.15 PM	:	OPEN SHARING OF DIVERSE CULTURAL PRACTICES Songs, rituals, ceremonies, stories related to pregnancy and childbirth
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TECHNICAL SESSION - 3

Chair Person: Dr. S. SWAMINATHAN

Coordinator: Dr. S. THIAGARAJAN

09.30 AM	:	Role of Prayer, Meditation and Other Spiritual Practices in Pregnancy - Insights from Indian Tradition Dr. Tushar Dashora
10.00 AM	:	Indian Wisdom Traditions on Prenatal Education, Pregnancy and Parenting - Significance for Today Dr. N. Kalyani
10.30 AM	:	Anuvamshiki Siddhanta – The Concept of Inheritance Through an Ayurvedic Perspective Dr. Indusree Suseelan
10.45 AM	:	Garbhini Paricharya: Dietics, Regimen and Psychological Care in Pregnancy–Insights from Ayurveda Dr. Megha Udai
11.00 AM	:	Discussion & Remarks of Chair Person
11.10 AM	:	Tea Break

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TECHNICAL SESSION - 4

Chair Person: Dr. P. RAM MANAOHAR

Coordinator: Dr. D. NAGESWARA RAO

11.20 AM	:	Prenatal Education and Care Dr. S. Swaminathan
11.50 AM	:	Sri Yantra [Ancient Indian Sacred Geometry] in Prenatal and Prenatal Empowerment Sh. Shiva Belavadi (Babaji)
12.20 PM	:	Tapping Traditional Secrets on Sutika Paricharya Dr. Kavya SR
12.35 PM	:	Importance of Rajaswala Paricharya in Supraja Janma Dr. Mrudula K S
12.50 PM	:	षड्वाजायते जीवो प्रकृतिश्च तदाश्रिता Dr. Vinoth M & Dr. S. Thiagarajan
01.05 PM	:	Lunch Break

12.04.2019

TECHNICAL SESSION - 5

Chair Person: Dr. TUSHAR DASHORA

Coordinator: Dr. BELOO MEHRA

02.00 PM	:	Significance of the Post-natal ceremonies according to the Grhya Texts Prof. Dr. RAMARATNAM
02.30 PM	:	Soumanasyam Garbha Jananam-Healthy mind and fertility Dr. Anita Patel
02.45 PM	:	Scientific evidence of usage of vatankura (Ficus bengalensis Linn) in Pumsavana Samskara Dr. Usha Patil
03.00 PM	:	The spiritual dimension of pregnancy and childbirth: Lessons from Indian Tradition Ms. Rutu Baldha
03.15 PM	:	पद्मपुराणे देहोत्पत्तिविज्ञानम् Dr. Shriam, A.S
03.30 PM	:	TEA BREAK

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PARALLEL SESSION - 2

Venue: Seminar Hall, Dept. of Sanskrit & IC

Chair Person: Dr. RANGAN RAMAKRISHNAN

Coordinators: Dr. K.S. SIVAKUMAR

02.00 PM	:	Insights of Garbhadana Samskara from various Indian texts Dr. Anuradha Maganti
02.10 PM	:	Significance of mother-child bonding: Insights from Indian Tradition Dr. R. Poorvadevi
02.20 PM	:	Garbhini Paricharya in Ayurveda's View Dr. Sarojini Jena
02.30 PM	:	Personhood, agency and rights in the Womb: Ancient Indian and contemporary perspectives Ms. Aparna Rajagopalan
02.40 PM	:	षोडशःसंस्कारेषुगर्भाधानसंस्कारःतस्यमहत्त्वञ्च Sri. Nilamadhab Pradhan
02.50 PM	:	गर्भिणीधर्माःतत्पतिधर्माश्च Ms. Anupama Mallick
03.00 PM	:	Role of prayer, meditation and other spiritual practices during pregnancy: Insights from Indian tradition Sri. P.A. Venkatakrisnan
03.10 PM	:	Insights from stories found in Purana-s and Itihasa-s related to conscious conception, prenatal education and parenting Ms. Suganta
03.20 PM	:	Paper Presenters
03.30 PM	:	TEA BREAK

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PANEL DISCUSSION - II

Moderator: Dr. SAMPADANANDA MISHRA

03.40 PM To 04.30 PM	:	TOPIC: Relevance of Ancient Indian Insights on Prenatal Education for Present Generation of Indian Youth Panelists: Dr. Tushar Dashora, Dr. N. Kalyani, Dr. Rangan Ramakrishnan, Dr. S. Swaminathan
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12.04.2019

VALEDICTORY SESSION

04.45 PM	:	Prayer
04.50 PM	:	Welcome Address Dr. DEBAJYOTI JENA , Head, Department of Sanskrit Coordinator, National Seminar on Prenatal Education: Ancient Indian Perspectives
04.55 PM	:	Honoring the Dignitaries
05.00 PM	:	Report of the Seminar Dr. BELOO MEHRA , Senior Associate, SAFIC Coordinator, National Seminar on Prenatal Education: Ancient Indian Perspectives
05.15 PM	:	Address of the Chief Guest S. Swaminathan Dean and HOD, Sri Jayendra Saraswathi Ayurveda College & Hospital
05.40 PM	:	Valedictory Address Sri. ARYAMUNI , Shanti Dham, Bangalore
06.10 PM	:	Felicitation Dr. SAMPADANANDA MISHRA , Director, SAFIC
06.25 PM	:	Vote of Thanks Dr. N. SRIDHAR , Assistant Professor in Sanskrit, SCSVMV